



St. Mary's
Catholic School

Your weekly guide to school news, information and events.

PRINCIPAL'S PAGE

Nov 21, 2022



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Notes of Gratitude at St. Mary's School

The Preschool classes at St. Mary's have been talking and learning about what it means to be grateful. In Ms. Smith's class, students have been writing down what they are thankful for and putting it in their gratitude jar. Here are some things they are grateful for:

- Family
- Friends
- Teachers
- God's Animals
- our School

We're never too young...or old...to practice gratitude! Our youngest are full of it and are so quick to say "thank you!" May your Thanksgiving be blessed!



A message from our principal



Dear Parents,

In my last message, I talked about the physiological affects of practicing gratitude on our mental well-being. I must tell you, last week was a challenging week, and I found myself tempted to skip my evening journaling of things I am grateful for! How quick we can be to dismiss our positive practices when things get tough!

However, I forced myself to sit each evening and write *at least* one thing from the day that I was grateful for. Some days were tough, but as I really put my mind to replaying the day, there was always things that rose to the surface to be thankful about! As I wrote down those moments that I treasured, I felt a sense of contentment, making each day a little easier to face in the midst of such busy-ness at the school!

Although Friday was probably the craziest day last week for me, it was the easiest to reflect upon in my gratitude journal! I start my Friday mornings at school with our preschool students. We have a prayer service just for them each Friday in the school's chapel and it is a time I look forward to every week. Last Friday was no exception! Our PreK students give me so much to be grateful for! As the three classes were filing into the chapel, I stood greeting them as they took their seats. Suddenly, out of the blue I hear, "Mrs. Bridges!! I love you!" from one of my little friends. I was instantly flooded with such warm feelings as student after student called out that they loved me, blew kisses, and finally, as teachers tried to restore some calm, one little one called out, "Mrs. Bridges, I pray for you every day!" Now, if that isn't something to be grateful, I don't know what is!

As I left our prayer service that morning, I was struck by how the sharing of love and gratitude filled me with the same. I realized that I was only going to feel that sense of thankfulness by sharing it with those that help me. So here I am today saying "Thank You." This appreciation goes out to our St. Mary's families who are raising such wonderful children who aren't afraid to show their love. To my teachers, who day after day put in so much hard work to be sure our students receive the best education, I am forever in your debt! To all my staff who do everything in their power to make our school and this world a better place, you are a rock for me to lean on! I pray that every one of you are blessed with love and laughter over the next few days and that your Thanksgiving bounty is more than food, but with love and God's spirit in your hearts!

Yours gratefully,
Mrs. Bridges



Upcoming PTO Events!



PTO has lots of exciting events planned for families to enjoy (or for you to earn some volunteer hours!):

Cheyenne Christmas Parade

Saturday, November 26, 2022, 5:30 p.m.

The theme of the parade is "Christmas Past to Present." We are looking for volunteers to help decorate the float on Friday, November 25, from 1-5 p.m. and/or Saturday, November 26 from 9 a.m. to 2 p.m.

We will be decorating the float in the garage at Avenues Physical Therapy Clinic at 611 W. 18th St. Come for all of the time or just some of the time.

We also need children (and some parents) to ride on the float! We will have costumes for the children. Please sign up on the PTO's Sign-Up Genius or call/text Nicole at 307-630-3764 if you can help decorate or ride on the float!

Scholastic Book Fair

We will set up the Book Fair on November 22, 2022, at 11:30 a.m. (the half day). We are always looking for volunteers to help with the set-up. Please sign-up via the PTO's Sign-Up Genius if you can help set-up. The Book Fair will run from November 28 – December 2, 2022. It will take place before and after school (7:45 a.m. - 8:30 a.m. and 2:45 p.m. – 3:30 p.m.). I could use a few more helpers to run the registers during the week and to take down the Book Fair on Friday, December 2, at about 3:30 PM. Please call/text Nicole at 307-630-3764 if you can help run registers and/or help take down the Fair as I will need to provide you some training.

Pancakes With Santa

Saturday, December 3, 2022, 7:30 a.m. – 10:00 a.m.

Come have pancakes with Santa in the school gym! Cost: \$5.00 a person. We could use some volunteers to help during this event. Please sign-up via the PTO's Sign-Up Genius.

Babysitting Fundraiser

Saturday, December 3, 2022, 10:00 a.m. – 2:00 p.m.

Drop off your children for a few hours and get your Christmas shopping done! We will entertain them and provide them a snack and a drink. \$20 for one child, \$35 for 2-3 children, and \$50 for 4 or more. All proceeds benefit St. Mary's Catholic School's playground fund. Please RSVP on the PTO's Sign-Up Genius by Monday, November 28 if you want to take advantage of this opportunity! We also need volunteers to help watch the children. **YOU MUST HAVE SAFE-ENVIRONMENT TRAINING** to watch the children. You can sign-up to volunteer on the PTO's Sign-Up Genius.

Santa's Sleigh is BACK

December 15-16, 2022

Children may shop for items for their family members. More information to come!

DON'T FORGET

Early Release

Students will be dismissed at 11:30 a.m. on Tuesday, November 22. There will be no aftercare available.

Thanksgiving Break

There will be no school November 23-25. Happy Thanksgiving!

Eucharistic Adoration

There will be adoration in the school chapel on Monday, November 28 from 8:30 a.m. – 3:00 p.m. Please help out by signing up for a time to pray!

<https://www.signupgenius.com/go/10C0F49A5AC2FAAFDCF8-eucharistic>

PTO SIGN-UP GENIUS LINK:

<https://www.signupgenius.com/go/20F094EA8AC2CA7F94-stmarys>

