St. Mary's Lunch Menu— October 2021

Lunch Prices

Free Students Lunches until 5/26/2022

Milk: $.50

Adults $3.25

Extra Entrée' $1.50

WGR = Whole Grain Rich

FF = Fat Free

P=Pork

This institution is an equal opportunity provider and employer.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Baked Potato w/ Cheese & Sour Cream Green Beans WG Rolls Berry Cup Milk	2
3	4 Breakfast Corn Dogs (Pancake/Turkey Sausage on a stick) Fries Grapes Milk	5 Meatless Spaghetti w/ Cheese Stick Spinach/Romaine /Tomato Salad w/ FF Ranch Apple Milk	6 Fish Sticks Peas Applesauce WG Chocolate Chip Cookie Milk	7 Chicken WG Corn Dogs Green Beans Cucumber Slices Oranges Slices Milk	8 WG French Toast Sticks Cheese Sticks Celery, Carrots & Tomato w/ FF Ranch Dressing Peaches Milk	9
10	11 **No School** **Columbus Day** 	12 WG Pepperoni Pizza Spinach/Romaine/Tomato Salad w/ FF Ranch Apple Milk	13 Mac & Cheese Carrots & Celery w/ FF Ranch Mixed Fruit Milk	14 BBQ Chicken Sandwich Baked Beans Broccoli & Cauliflower Mandarin Oranges Milk	15 Hamburger on WG Roll Lettuce, Tomato and Pickles Smiley Potatoes Peaches Milk	16
17	18 Chicken Nuggets w/ Sweet Potato Fries WG Dinner Roll Celery & Carrots w/ FF Ranch Apple Sauce Milk	19 WG Cheese Pizza Spinach & Tomato Salad w/ FF Ranch Pears Milk	20 Hamburger on WG Roll Pickles, Lettuce & Tomato Baked Beans Smiley Potatoes Mixed Fruit Milk	21 Beef Soft Tacos w/ Cheese Green Beans Grape Tomatoes Peaches Milk	22 23 <u>End of 1st Qtr.</u> **Early Release at 11:30 a.m.** **No Lunch served** **Aftercare Available** (Please call the office to sign up)	23
24	25 Cheese Pizza Spinach & Tomato Salad w/ FF Ranch Celery & Carrots Peaches Milk	26 Crunchy Beef Taco Refried Beans Shredded Lettuce & Tomatoes Apple Milk	27 Chicken Nuggets w/ Sweet Potato Fries WGR Roll Corn Mixed Fruit Milk	28 **Early Release at 11:30 a.m.** **No Lunch served** **No Aftercare** **Parent Teacher**	29 **No School** **Parent Teacher Conferences**	30
31						